How to Use This Map

It should be easy, intuitive, comfortable and most importantly, safe, to get around Arlington by bike for all residents from age 8 to age 88. While many people already ride their bicycles in bike lanes or on roads with motor vehicles, not everyone is comfortable doing so. This map highlights the most stress-free routes to get around Arlington. There are often alternatives to busy routes on low-volume, low-speed neighborhood streets and paths that will get you where you want to go.

Instead of just showing facilities like trails, bike lanes and sharrows, this map uses a rating system of “perception of comfort” to rate which roads are the most comfortable for new riders. Check out the Route Colors and Markings Section to the right to get started!

Route Colors and Markings

Most Comfortable
Multi-use paths and quiet neighborhood streets are the most pleasant places to ride, as shown in green, and are recommended for users of all ages and abilities due to lower traffic speeds and volume.

Somewhat Comfortable
Blue lines designate roads with a moderate volume of traffic that most people with some riding experience should feel comfortable on. Riders along these routes may interact more with motor vehicles, especially at intersections.

Least Comfortable
Routes that have a high volume of traffic moving at fast speed are strongly discouraged for most riders. These roads are shown in grey with a red outline and are recommended only for confident riders who are comfortable interacting with motor vehicles at speed. These routes usually have no bike lane or shoulder.

Prohibited
Roads where riding a bicycle is illegal or extremely dangerous are grayed out. These include interstates and limited access highways.

Your Feedback is Appreciated!
The Arlington County Bicycle Comfort Level Map is a work in progress and feedback is invited. If you notice something is out of place, or should be designated in a different way, please let us know.  Info@BikeArlington.com

RackSpotter – Find and Share Bike Parking!
Want to see if there is a good place to lock a bike near your destination? Whether at home or on the go, check out RackSpotter.com to find (and share) bike racks near you.

Connect with Bike Arlington
BikeArlington.com
#BikeArl
Twitter: @BikeArlington
Facebook: Facebook.com/BikeArlington
Instagram: Instagram.com/BikeArlington

CarFree AZ to Z
CarFreeAtoZ is the Washington D.C., region’s first multi-modal trip planning and companion tool.

Want to mix it up? CarFreeAtoZ aims to go beyond traditional approaches to trip planning, taking a more holistic view of connectivity and accessibility.

Visit www.carfreeatoz.com to get started!

Information Directory

ARLINGTON COUNTY
Bike Arlington
BikeArlington.com
703-247-6980
info@bikearlington.com

Capitol Bikeshare
CapitolBikeshare.com
877-430-2453
customerservice@capitolbikeshare.com

Trail Maintenance
Arlington County:
703-228-6528
traill Atlingtonva.us

Mount Vernon Trail:
National Parks Service
703-419-6490

Arlington Bicycle Advisory Committee
BikeArlington.com/G strictenD

Bike Shops & Rentals
BikeArlington.com/BikeShops

FitArlington
FitArlington@arlingtonva.us

Arlington County
www.arlingtonva.us/transportation

ARLINGTON PAL Directory

Arlington Bicycle Advisory Committee
www.arlingtonva.us/transportation

Alexandria Bicycle Program
alexandriava.gov/localmotion
703-838-3900

Fairfax County
www.fairfaxcounty.gov/fcdot/bike

District of Columbia
www.dodot.dc.gov

Fairfax County
FairfaxCyclist.com
703-342-8140
bicycleprograms@fairfaxcounty.gov

godCgo
godCgo.com
202-299-2186
info@godCgo.com

Virginia Department of Transportation
VirginiaDOT.org

Washington Area Bicyclist Association (WABA)
www.waba.org

Tips for being a PAL

1. Don’t text, or really do anything with your phone while driving.

2. Communicate with your eyes, horn signals, or hand signals.

3. Be sure to stop at all stop signs and signals and wait your turn.

4. Pass people on bikes with caution and at least three feet of space.

5. Give people on foot the right-of-way, space, and lots of patience.

Hey PAL

Join the conversation at ArlingtonPals.org!