But, there are so many choices!

In Arlington’s multi-modal neighborhoods, multiple transportation options are nearly always available, and easily accessible with transit apps.

What about my hair?

There’s a strong desire to look professional at work, but many workplaces still do not offer commuter showers or lockers to help get ready.

But, I have errands to run.

Lugging around too many bags or heavy objects, or having just too many places to go often deters people from taking two feet or wheels.

DO YOU IDENTIFY WITH THESE BARRIERS? WE CAN HELP!

In general, 53% of adults would like to ride a bike more and Arlington County was recently named “America’s Most Walkable Suburb”, but what holds people back? With these barriers pinpointed, you can self-identify which pertains to you and learn ways to overcome the perception or challenge with BikeArlington and WalkArlington’s help.

I Wish There Was Space.

While some parts of the community are walk and bike friendly, they are often not consistent or connected.

Junior Has School!

Balancing childcare needs and family responsibilities may lead to stressors on a busy schedule.

Too Hot. Wait, Now Too Cold.

Extreme heat, freezing temperatures and precipitation of any kind are uncomfortable.

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Eek, Cars!

Streets dominated by cars, especially during rush hour, are a big stressor for walkers and bikers.

Hey, That’s A Stop Sign!

Overall, people will disregard traffic laws when driving, walking and biking.