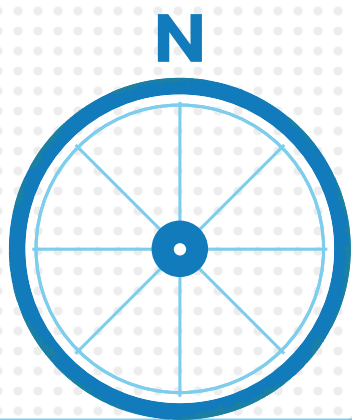


ARLINGTON COUNTY'S 2020

BICYCLE COMFORT LEVEL MAP



How to Use This Map

This map is your guide to the least stressful or most comfortable routes to get around Arlington. Instead of just showing bike trails, bike lanes, and sharrows, this map uses a rating system of “**perception of comfort**” to rate roads as easy, medium, challenging, or expert level.

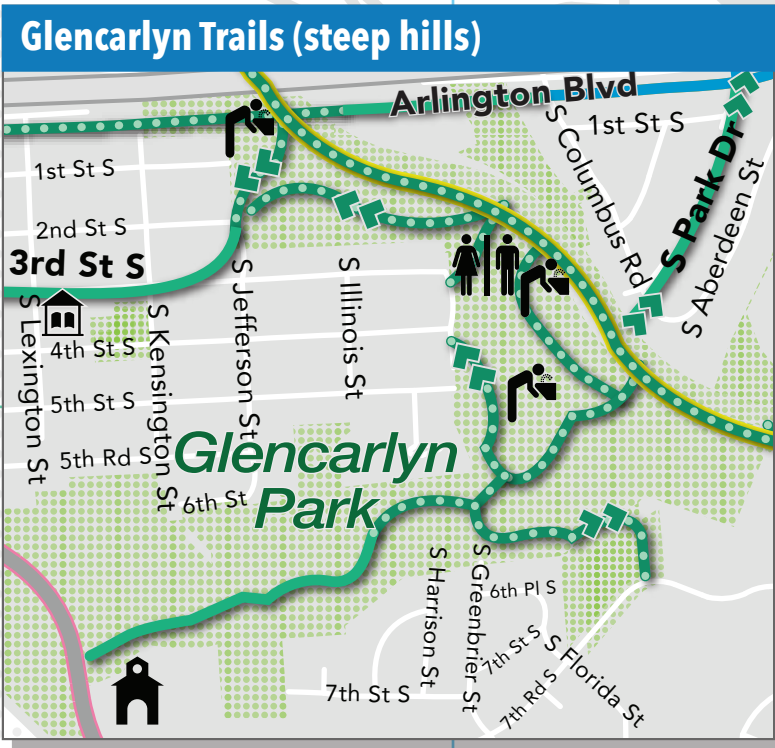
Easy

Medium

Challenging

Expert Level

Prohibited



Legend

ARLINGTON LOOP

OFF STREET TRAIL

BIKE LANE

easy medium challenging

SUGGESTED ROUTE

easy medium challenging

EXPERT LEVEL

NEIGHBORHOOD STREETS are generally low traffic/low speed routes

PROHIBITED OR MAJOR CAR THOROUGHFARES

ARROWS POINT UPHILL

BRIDGE

USE CAUTION

BIKE SHOPS

CAPITAL BIKESHARE STATION
Download the Capital Bikeshare app to rent bikes, find stations, and get real-time bike and dock availability.

COMMUNITY CENTER

COMMUTER STORE

DIY FIX IT STATION

DRINKING FOUNTAIN

LIBRARY

RESTROOM

SCHOOL

METRO STATION



Riding Safely

OFF STREET



Control Your Speed
Slow down when the trail is busy or conditions warrant.

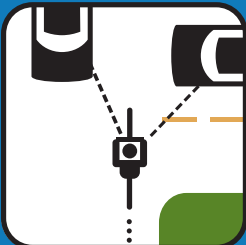


Signal When Passing
Warn people walking at least 2-3 seconds before passing by using your bell or verbally.



Be Visible
Wear bright or light colored clothing with reflective material.

ON STREET



Be Careful at Intersections
Use caution and watch for turning vehicles.



Use Hand Signals
Tell other people on the road what you intend to do. Be predictable.



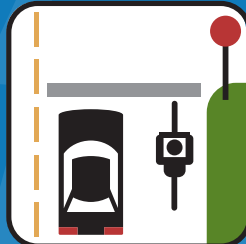
Use Lights When Riding
During low visibility conditions, use at least one white light on the front and one rear red flashing light.



Ride in the Appropriate Position and Lane
Do not ride in a right turn only lane if you are going straight.
Move into the appropriate lane early.
In narrow lanes or slow traffic, it may be safer to take the whole lane.



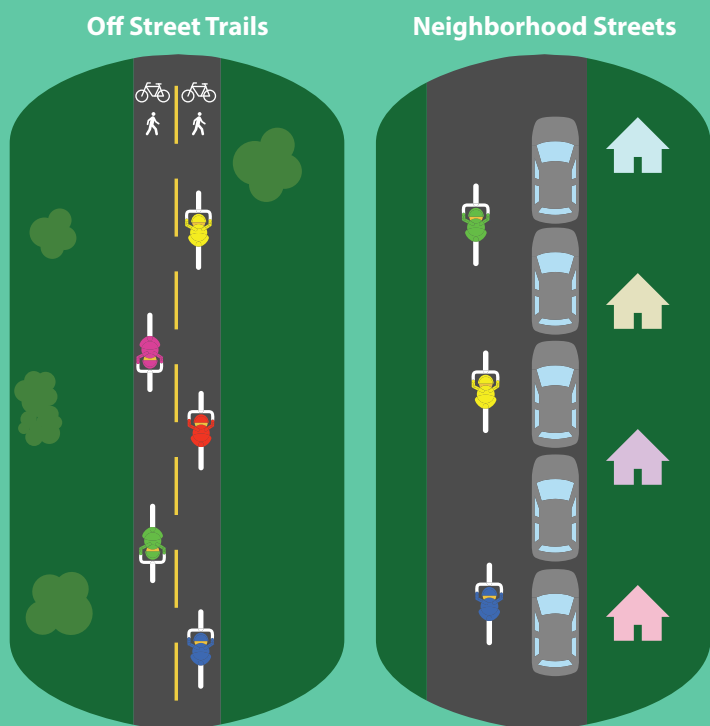
Helmets Recommended
Helmets dramatically reduce the risk of a head injury in a bicycle crash.



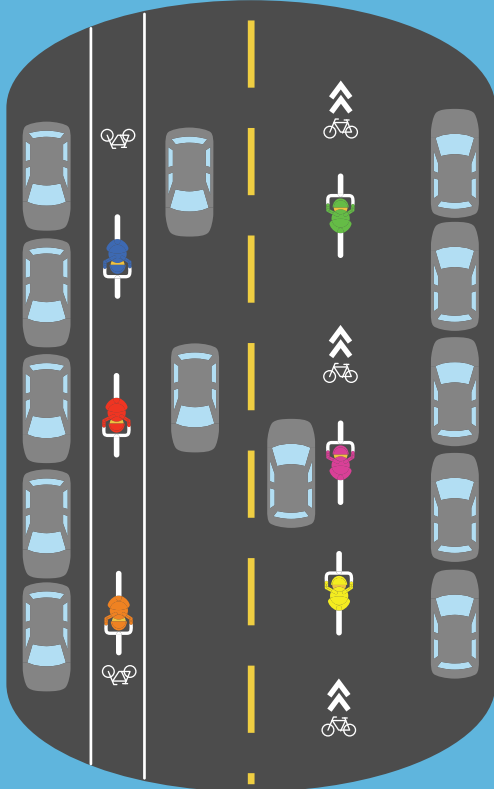
Follow All Traffic Laws
People biking are required to obey all regulatory signs and traffic lights.

Route Colors and Markings

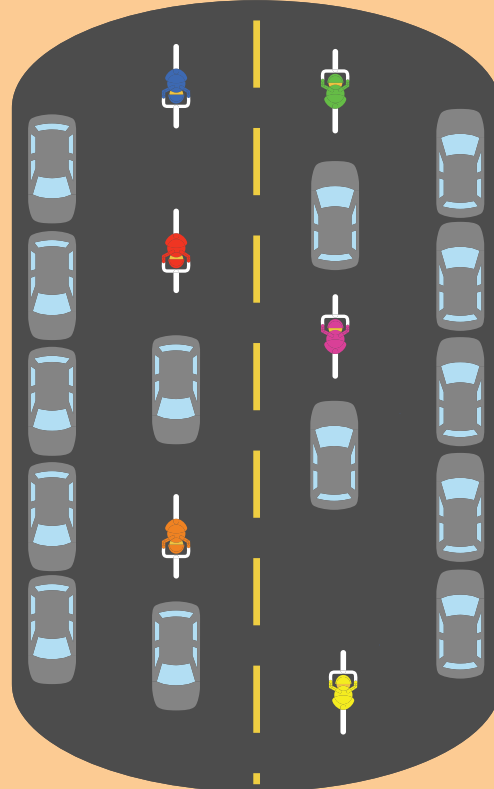
Easy
Solid green lines indicate quiet neighborhood streets. Green lines with dots indicate off street trails.



Medium
Blue lines designate roads with moderate traffic volume. Riders along these routes may interact with moving motor vehicles.



Challenging
Orange routes generally have higher traffic speeds and volume than green or blue. These routes usually have no bike lane or shoulder and are recommended for confident riders.



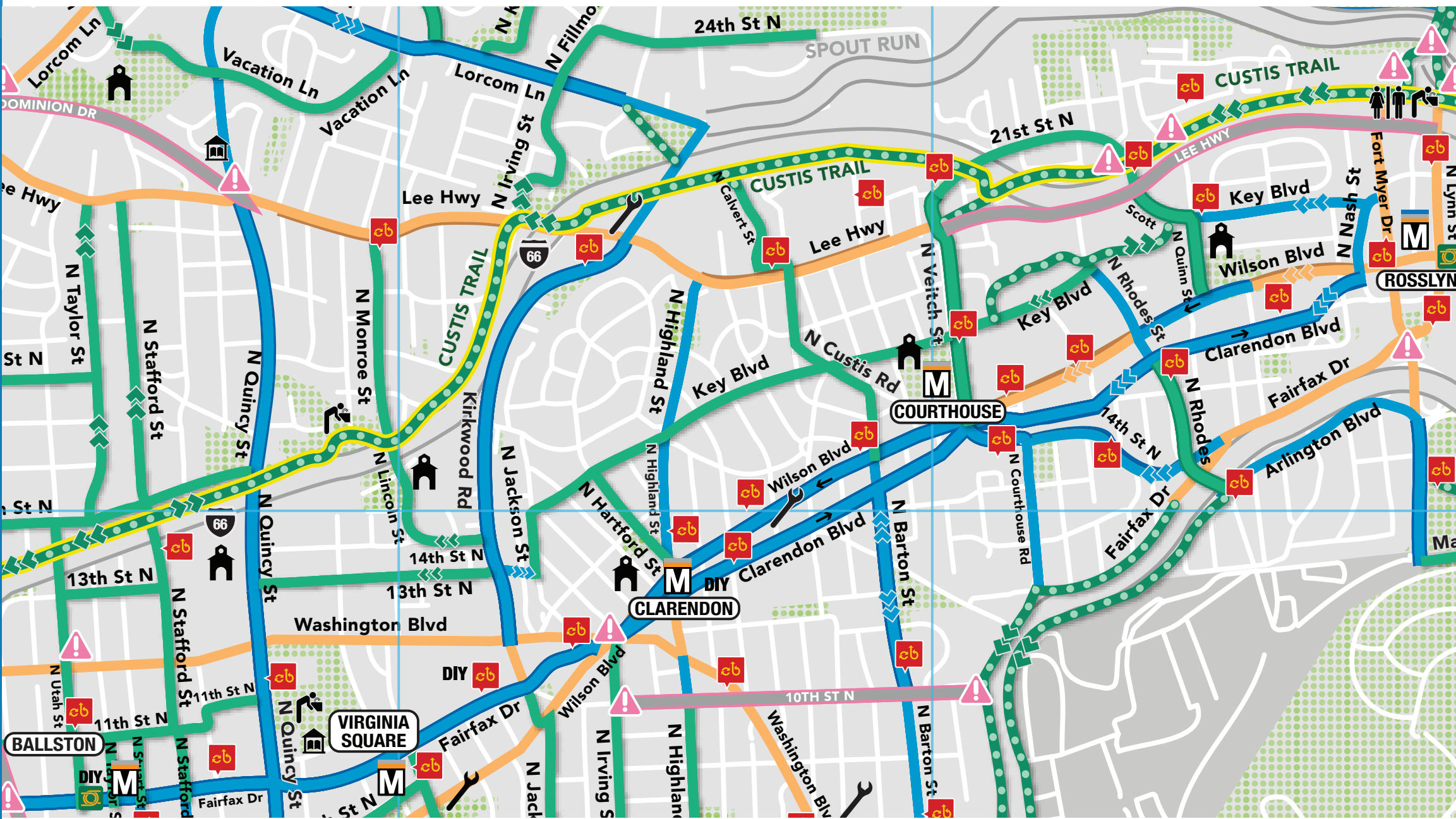
Expert Level

Roads shown in grey with a pink outline are only recommended when no alternatives are available. These routes have a high volume of traffic moving at fast speeds. There is usually no shoulder or bike lane.

Prohibited

Roads where riding a bicycle is illegal or extremely dangerous are grayed out. These include interstates and limited access highways.

Rosslyn-Ballston Inset (see reverse for larger map)



Welcome to the Arlington Loop

The Arlington Loop is a 16-mile circuit composed of four local trails—the Mount Vernon, Custis, Washington & Old Dominion (W&OD), and Four Mile Run. Each trail offers fun and unique ways to explore all Arlington has to offer and can be completed all at once or by taking a shorter trip.



CONNECT WITH BIKEARLINGTON

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Printed with environmentally friendly inks on paper manufactured with 30% post-consumer fiber and 70% virgin fiber.

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The best map of Arlington for getting around stress free!

Bike Arlington



Enjoy the ride!



Download the Capital Bikeshare app

#BEaPAL

We're building a community-driven movement to make Arlington's streets more safe—whether in a car, on a bike, on an e-scooter, or on foot.

Being a PAL means being:

Predictable

Communicate your moves to others

Alert

Pay attention to your surroundings and to others; Don't text while you're moving

Lawful

Obey traffic laws; Pass others with caution and at least 3 feet of space

Join in the movement and become a PAL volunteer
bit.ly/PALvolunteer



Predictable | Alert | Lawful

Resources

BikeArlington

BikeArlington.com
703-247-6980
info@bikearlington.com

Capital Bikeshare

CapitalBikeshare.com
877-430-2453
customerservice@capitalbikeshare.com

Trail Maintenance

Four Mile Run Trail
Custis Trail
Arlington County Parks
703-228-6524
trails@arlingtonva.us

W&OD Trail

NOVA Parks
703-729-0596
WOD@nvrpa.org

Mount Vernon Trail

National Parks Service
703-419-6400

Arlington Bicycle Advisory Committee

BikeArlington.com/GetInvolved

Bike Shops & Rentals

BikeArlington.com/BikeShops

ADDITIONAL RESOURCES

Rackspotter.com

Find and share bike parking in our region.

Virginia Department of Transportation

VirginiaDOT.org
800-835-1203
TTY 711
vabiking@vdot.virginia.gov

Washington Area Bicyclist Association (WABA)

WABA.org
202-518-0524
waba@waba.org

Arlington VA Service Request or Report a Problem

Download the Arlington VA Service Requests app to report a problem.



Or visit topics.arlingtonva.us/reportproblem

You can report issues such as a pothole, broken street light, fallen tree, damaged playground, missing sign, etc.