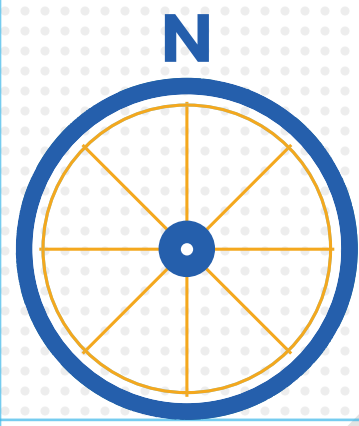


# 2022 ARLINGTON COUNTY BICYCLE COMFORT LEVEL MAP



## How to Use This Map

This map is your guide to the least stressful or most comfortable routes to get around Arlington. Instead of just showing bike trails, bike lanes, and sharrows, this map uses a rating system of "perception of comfort" to rate roads as easy, medium, or challenging.

- Easy
- Medium
- Challenging
- Use Caution
- Prohibited

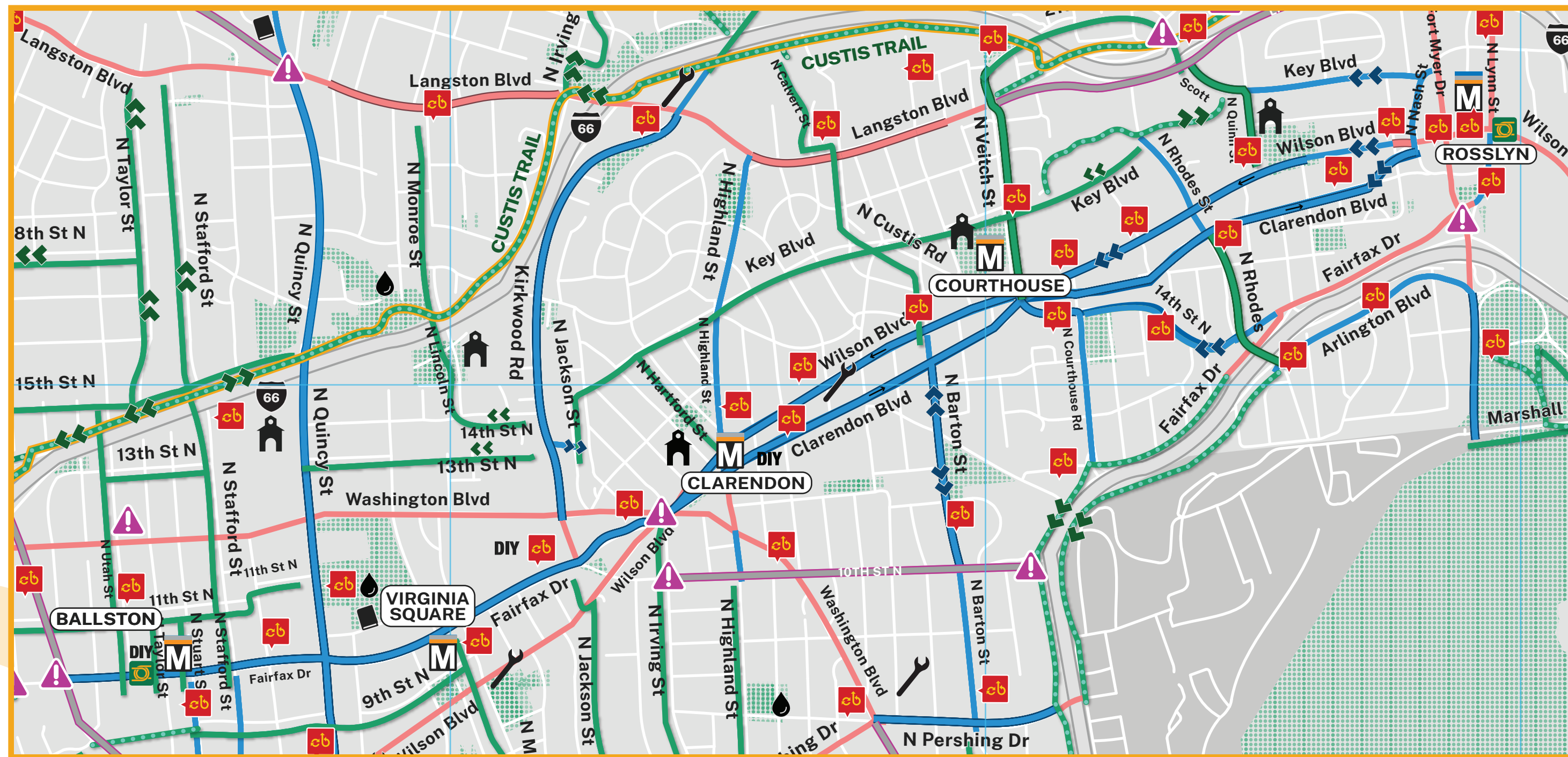


## Legend

- ARLINGTON LOOP TRAIL
- TRAIL
- SUGGESTED ROUTE with a bike lane
  - easy medium challenging
- SUGGESTED ROUTE
  - easy medium challenging
- USE CAUTION
- NEIGHBORHOOD STREETS are generally low traffic/low speed routes
- PROHIBITED OR MAJOR CAR THOROUGHFARES
- ARROWS POINT UPHILL
- BRIDGE
- USE CAUTION AT INTERSECTION
- BIKE SHOPS
- CAPITAL BIKESHARE STATION  
Download the Capital Bikeshare app to rent bikes, find stations, and get real-time bike and dock availability.
- COMMUNITY CENTER
- COMMUTER STORE
- DIY FIX IT STATION
- DRINKING FOUNTAIN
- LIBRARY
- RESTROOM
- SCHOOL
- METRO STATION



## Rosslyn-Ballston Inset (see reverse for larger map)



## Bicycle Resources

Explore Arlington more by bike with classes, resources, and programs developed by BikeArlington and curated with your level of biking in mind.

### DIRECTORY

In the event of an emergency dial 911  
**To Register Your Bike or Report Bike Theft**  
 Arlington County Police Department  
 703-228-4057

**Biking Resources**  
 BikeArlington.com/ComfortMap  
 info@bikearlington.com  
 703-725-1909

**Capital Bikeshare**  
 CapitalBikeshare.com  
 customerservice@capitalbikeshare.com  
 877-430-2453

**Trail Maintenance**  
 Arlington County  
 trails@arlingtonva.us  
 W&OD Trail: Nova Parks  
 703-729-0596

### LEARN MORE

[BikeArlington.com/ComfortMap](http://BikeArlington.com/ComfortMap)



## BICYCLE COMFORT LEVEL MAP



The best map of Arlington for getting around stress free!

[BikeArlington.com](http://BikeArlington.com)

## Route Colors and Markings

### Easy

Solid green lines indicate quiet neighborhood streets. Green lines with dots indicate off street trails.

### Medium

Blue lines designate roads with moderate traffic volume. Riders along these routes may interact with moving motor vehicles.

### Challenging

Salmon routes generally have higher traffic speeds and volume than green or blue. These routes usually have no bike lane or shoulder and are only recommended for confident riders.

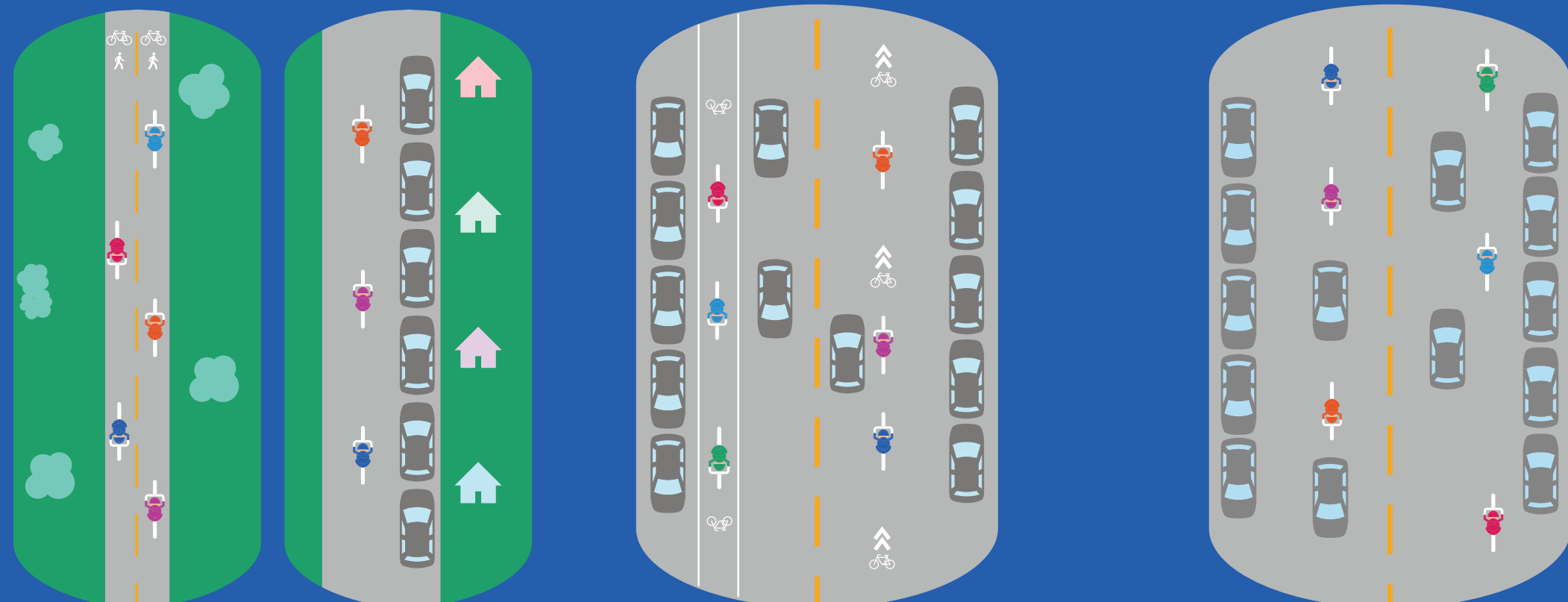
### Use Caution

Roads shown in gray with a purple outline are only recommended when no alternatives are available. These routes have a high volume of traffic moving at fast speeds. There is usually no shoulder or bike lane.

### Prohibited

Roads where riding a bicycle is illegal or extremely dangerous are grayed out. These include interstates and limited access highways.

Off Street-Trails Neighborhood Streets



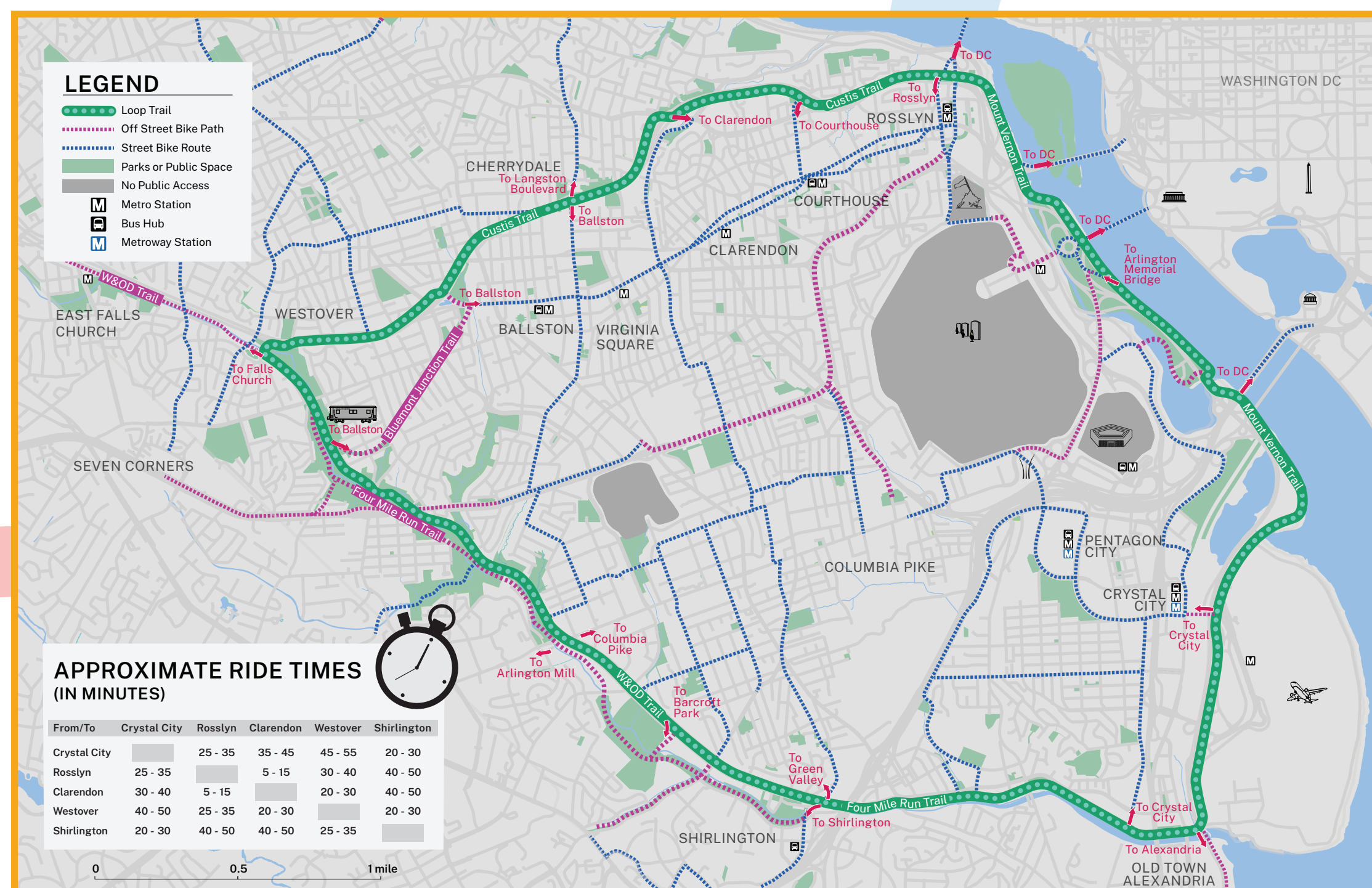
## Riding Safely

### GENERAL RIDING TIPS



## The Arlington Loop

The Arlington Loop is a 16-mile circuit composed of four local trails—the Mount Vernon, Custis, Washington & Old Dominion (W&OD), and Four Mile Run. Each trail offers fun and unique ways to explore all Arlington has to offer and can be completed all at once or by taking a shorter trip.



### ON THE TRAIL



Don't forget to have fun!

For more information on bike safety, parking, maps, and programs visit our website.

[BikeArlington.com/ComfortMap](http://BikeArlington.com/ComfortMap)