

# Welcome to the Arlington Loop

The Arlington Loop is a 16-mile circuit composed of four local trails — the Mount Vernon, Custis, Washington & Old Dominion (W&OD), and Four Mile Run. Each trail offers fun and unique ways to explore all Arlington has to offer and can be completed all at once or by taking a shorter trip.



## Bike to Transit

Take your bike with you on Metrorail, Metrobus, ART, or other local bus systems.



You can also choose to park your bike at a Metro station or bus stop.

## Secure Your Bike

Free parking is a benefit of biking but be sure to secure your bike. Register your bike or report an abandoned bike with the Arlington County Police Department (703-228-4057). There is no cost associated with registration.



## Bike with Confidence

Explore Arlington more by bike with classes, resources, and programs developed by BikeArlington and curated with your level of biking in mind.

### DIRECTORY

In the event of an emergency dial 911  
**To Register Your Bike or Report Bike Theft**  
 Arlington County Police Department  
 703-228-4057

**Biking Resources**  
 BikeArlington.com/BikeMap  
 info@bikearlington.com  
 703-725-1909

**Trail Maintenance**  
 Arlington County  
 trails@arlingtonva.us  
 W&OD Trail: Nova Parks  
 703-729-0596

**Capital Bikeshare**  
 CapitalBikeshare.com  
 customerservice@capitalbikeshare.com  
 877-430-2453

### LEARN MORE

[BikeArlington.com/BikeMap](http://BikeArlington.com/BikeMap)

Follow us @BikeArlington

# Bike Map 2021



Bike Arlington

## Bike Safely

### GENERAL RIDING TIPS

**Ride on the Right Side**  
and with the flow of traffic.

**Beware of Car Doors**  
Try to ride at least 3 feet away from parked vehicles.

**Cellphone and Headphone Dangers**  
Avoid using cellphones and keep one ear clear when using earphones.

**Pass on the Left**  
when passing slower moving or stopped vehicles.

**Wear a Helmet**  
to drastically reduce the risk of head injury in a bicycle crash.

**Park E-Scooters in a Corral**  
Or in a location that is not blocking a road or sidewalk.

**Ride Away from the Curb**  
to stay clear of potholes, debris, and sewer gates.

**Use Bike Lights**  
Front and rear lights are required when riding at night.

**Ride in a Straight Line**  
and do not dodge between parked cars.

**Be Reflective**  
Wear bright clothing with reflective material or straps.

### ON THE TRAIL

**Control Your Speed**  
Slow down when the trail is busy, slippery, or if sight is obstructed.

**Signal When Passing**  
Warn others at least 2-3 seconds before passing.

**Keep to the Right**  
Trails users should keep to the right and move off the trail to the right, except when passing.

**Don't forget to have fun!**

## Be A PAL

### PREDICTABLE

Ride predictably so others can see you and predict your movements. Use hand signals to indicate turns.

### ALERT

Scan the route ahead for traffic, opening car doors, pedestrians, and obstacles on the road surface.

### LAWFUL

Obey all traffic signals, signs, and lane markings.

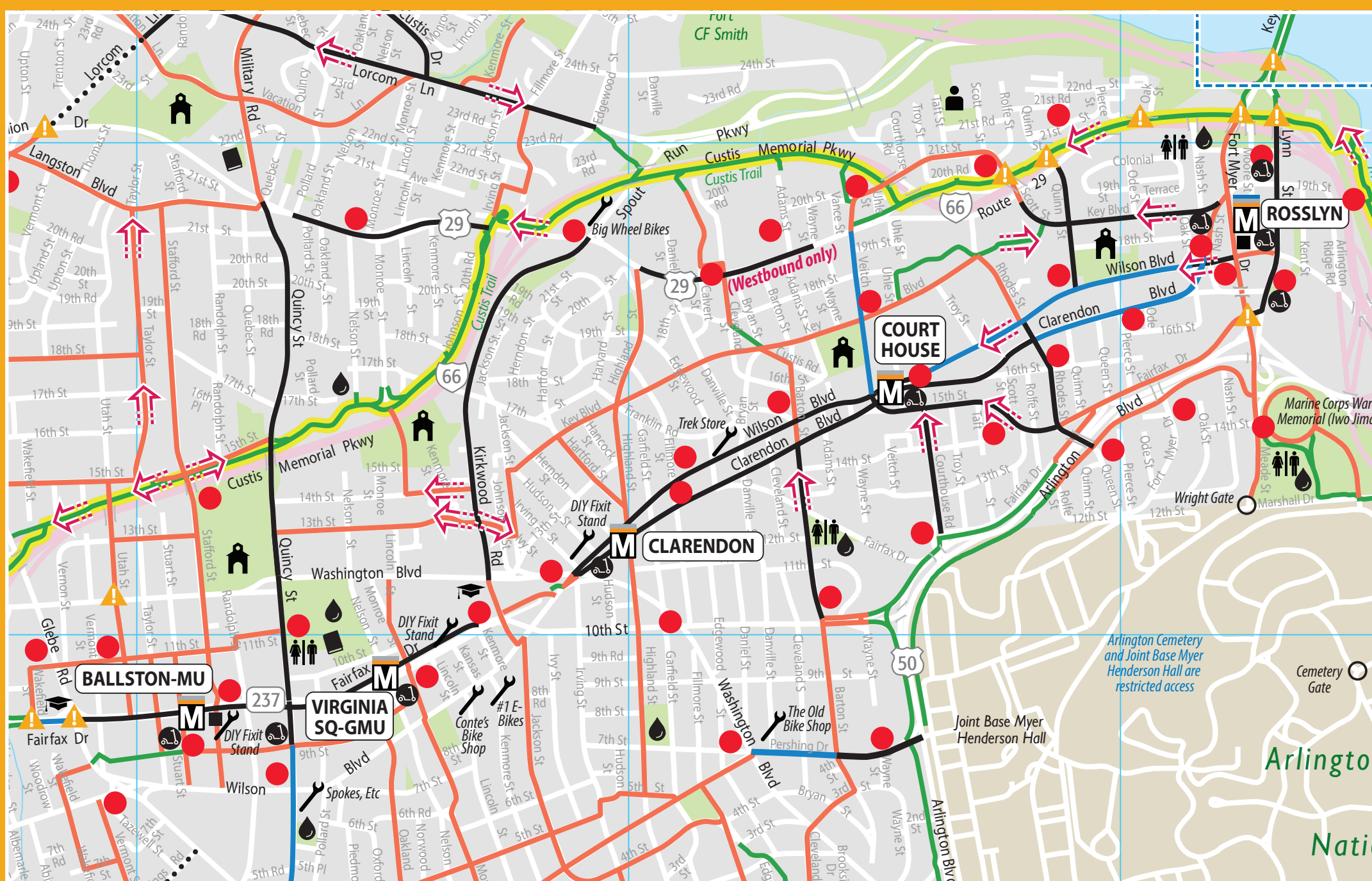


**be a PAL**  
Predictable | Alert | Lawful

For more information on bike safety, parking, maps, and programs visit our website.

[BikeArlington.com/BikeMap](http://BikeArlington.com/BikeMap)

## Rosslyn-Ballston Inset (see reverse for larger map)



## About BikeArlington

BikeArlington is Arlington County's program dedicated to helping people in and around Arlington bike to their destinations with confidence by providing tools, resources, and events.

### MAPS

Whether you are using the trails or exploring with a self-guided bike tour, BikeArlington creates maps and routes to help you bike in and around Arlington with confidence.

### BIKE CLASSES

Arlington County and the Washington Area Bicyclist Association (WABA) offer adult bike education classes and rides like Learn to Ride and Urban Cycling to help you incorporate bicycling into your daily routine — whether that's for fitness, fun, or transportation.

### BUILD COMMUNITY

Join BikeArlington for annual community events and special programming and connect with neighbors, programs, and businesses in Arlington.

### CUSTOMIZED ROUTES

Want to enjoy all the trails, roads, and destinations that Arlington has to offer but don't know where to start? We've got you covered with a customized route.

### BIKING RESOURCES

If you're new to biking or seeking to refresh your biking skills, BikeArlington has resources, tools, and maps curated just for you.

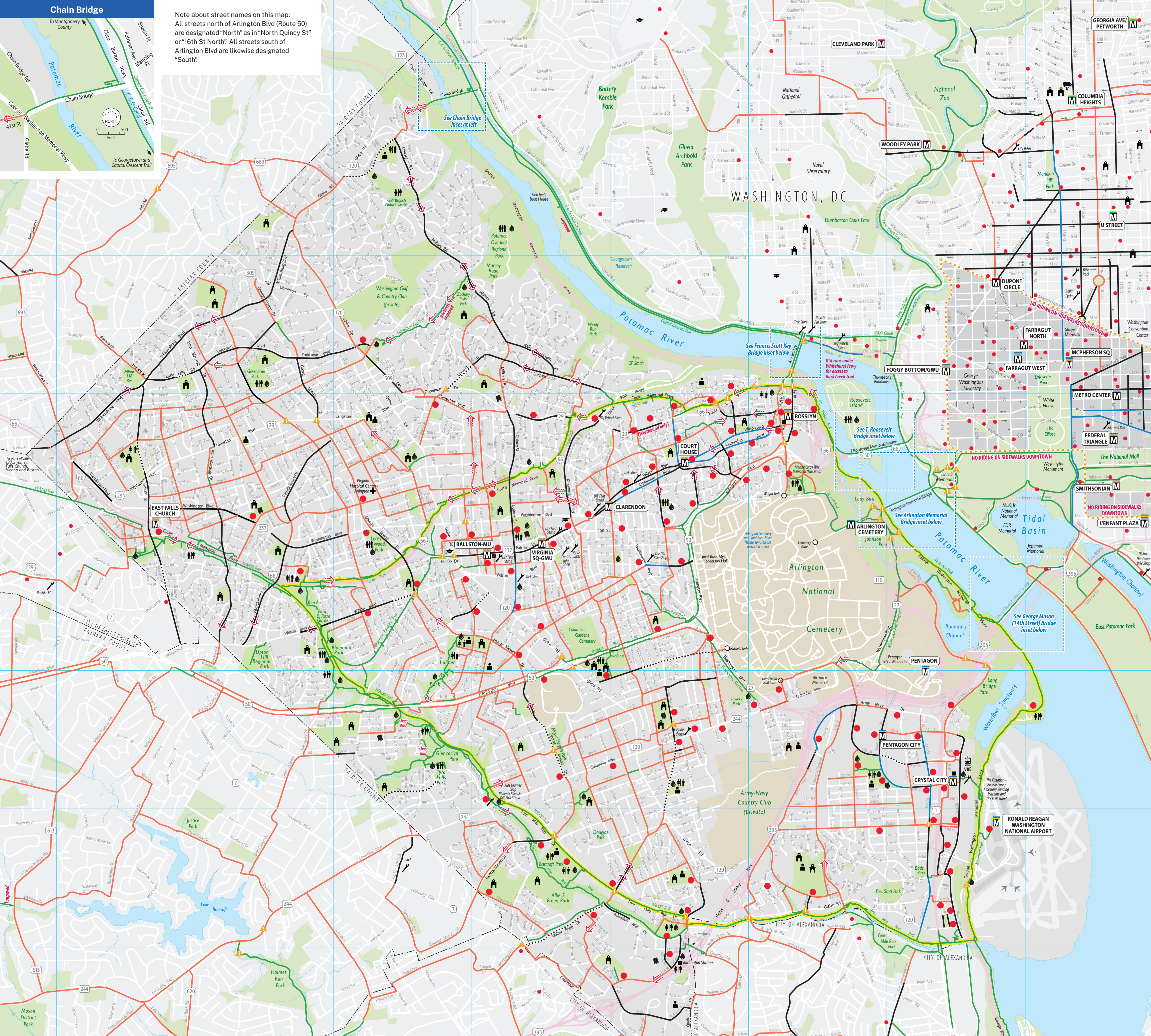
### CAPITAL BIKESHARE

No bike? No problem. Capital Bikeshare is an affordable, convenient, and equitable service that is available to everyone in the region. Learn more about registering for a membership.

### LEARN MORE

[BikeArlington.com/BikeMap](http://BikeArlington.com/BikeMap)



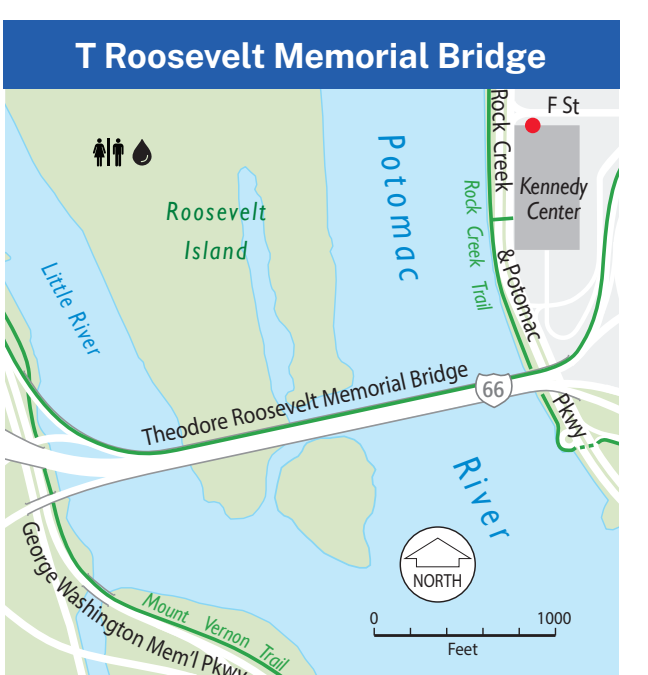
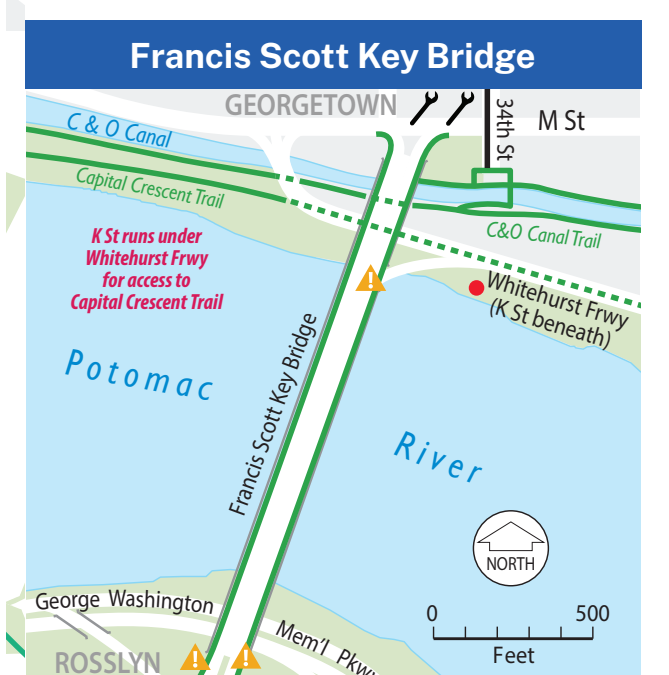


**Chain Bridge**

Note about street names on this map:  
 All streets north of Arlington Blvd (Route 50) are designated "North" as in "North Quincy St" or "16th St North". All streets south of Arlington Blvd are likewise designated "South".

# Arlington County Bike Map

- Protected Bike Lanes
  - Bike Lanes
  - Off-street Trails (shared-use paved trails)
  - Shared Lane Markings (Sharrows)
  - On-street Routes (Roads that have been determined to be bicycle friendly or provide important connections to the bicycle network)
  - The Arlington Loop (Premier off-street facilities supporting County-wide and regional transportation)
  - Limited Access Highways (No bikes)
  - Capital Bikeshare Locations (Download the Capital Bikeshare app for up-to-date station listings, closures and membership key dispensers.)
  - ▲ Use Caution
  - ↗ Steep Hills (Arrows Point Uphill) (Arlington County only)
- M Bike Shops & DIY Fixit Stands (DIY stands for do-it-yourself)
  - M Metrorail Stations (BLUE/ORANGE/SILVER) + Metrorail lines (color)
  - Commuter Stores
  - Drinking Fountains (Arlington County only)
  - ♿ Public Restrooms (Arlington County only)
  - Parks and Open Space
  - Restricted Areas
- 🏠 Public Schools (Arlington County only)
  - 📖 Libraries (Arlington County only)
  - 🏥 Hospitals (Arlington County only)
  - 🏫 Community Centers (Arlington County only)
  - 🎓 Universities
- One grid square represents one mile
- 0 0.25 0.50 0.75 1.0 Mile
- 0 1,000 2,000 3,000 4,000 5,000 Feet
- NORTH
- BikeArlington



Source: Bowring Cartographic, 120110